

english



emotionspa
Le Méridien Munich

Emotion Spa Menu

Emotion Spa Menu..... 2

Welcome 4

Anne Semonin Spa Packages 6
Black Sand Body Scrub Ritual
Complete Harmony Treatment
Truly Precious Face and Body Experience
Ultimate Face and Body Ritual

Anne Semonin Facial Collection..... 8

Haute Couture..... 9
“L’Experience Anne Semonin” Facial
Deep Marine Purifying Facial
100% Active De-Crease Facial
Phyto-Aromatic Facial

For the eyes 10
Eye Brilliance Treatment
Eye-Lift Firming Treatment

For men 11
Deep Clean Detox Facial for Men
Made to Measure Phyto-Aromatic Facial
Complete Gentlemen Treatment
Business Express Facial for Men

Body Therapy Collection 12

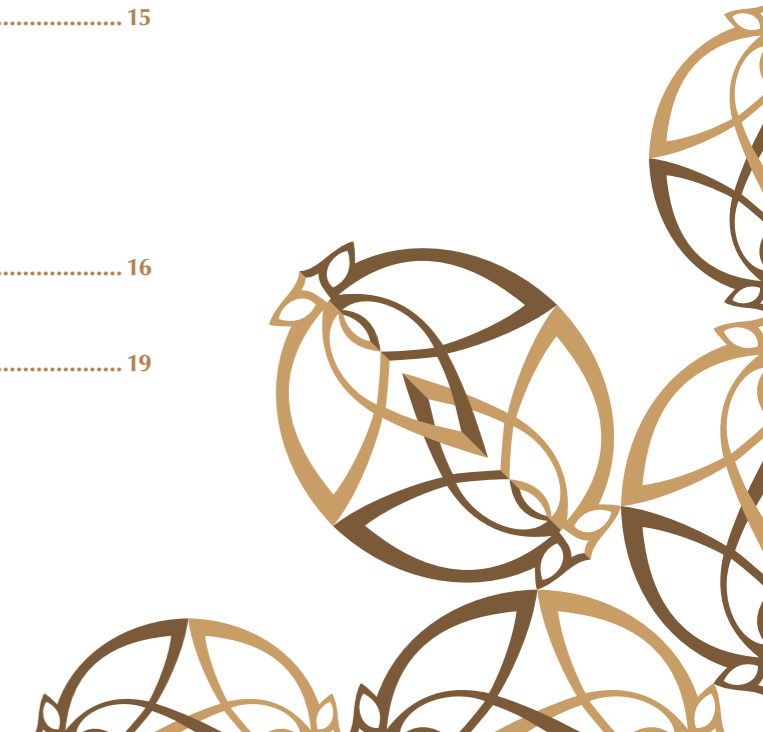
Massage Therapy 13
Anti-Stress Back Therapy
Blissful Back, Neck & Shoulder Massage
Sports Massage
Deep Release Massage with Hot Stones
Phyto-Aromatic Massage
Ayurvedic Massage

Wraps and Scrubs Collection..... 14
Sea Salt and Aromatic Oil Wrap & Scrub
Express Aromatic Salt Exfoliation

Made-To-Measure Body Wraps 15
Firming Spirulina Booster Envelopment
Hydrating Pink Kaolin Clay Body
Envelopment
Detoxifying Spirulina Wrap

Emotion Spa Basics 16

Spa Etiquette..... 19





Welcome

Welcome at the Emotion Spa // Munich - we would like to introduce you to our relaxation and recreation area located in the Le Méridien Munich. As you know, health is well known as being our most precious commodity - sensibly handled it will guarantee us a good quality of life!

In all sections of the spa, experienced therapists specialized in both, modern and traditional, therapy methods will guarantee that your stay will be a memorable one. Discover our unique range of wellness therapies and savour individual consulting and tailored treatments.

We work with Anne Semonin products and our treatments are mostly based on the unique philosophy of Anne Semonin. Read the following page for further and detailed information.

Visit our spa and experience your own
unique treatment.



Philosophy

The Anne Semonin treatment collection combines a superb blend of aromatic essential oils and marine ingredients with the classic French touch and a holistic approach to treating your individual needs. Anne Semonin treatments are designed to be „tailor-made“ and are focused towards maximum comfort, absolute luxury and outstanding results. Because each individual is unique, Anne Semonin allows your therapist to personalise and blend a synergy of essential oils and trace elements to suit your skin moment and needs. These bespoke treatments will not only revitalise the skin but energise and balance the mind and spirit providing total relaxation.

Anne Semonin at home

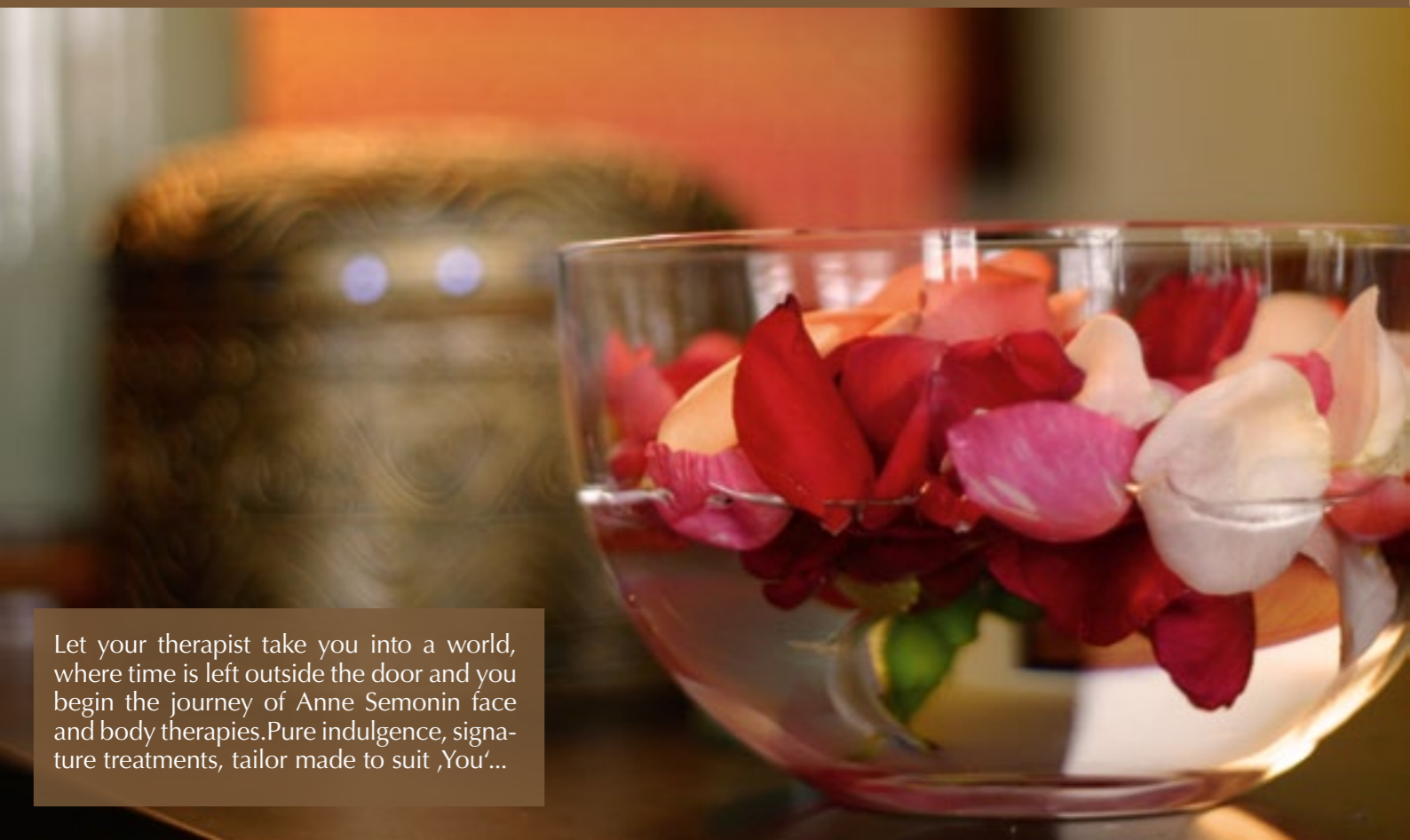
Ask our staff for further information about products of Anne Semonin. They will be delighted to advise you.

store.emotionspa.de





Anne Semonin Spa Packages



Let your therapist take you into a world, where time is left outside the door and you begin the journey of Anne Semonin face and body therapies. Pure indulgence, signature treatments, tailor made to suit ,You'...

Black Sand Body Scrub Ritual

This ultimate exfoliating experience with Black Sand from Tahiti and aromatic oils sweeps away dead surface skin cells, leaving skin wonderfully soft and detoxified. The fragrance of exotic verbena promotes a holistic sense of well-being. This therapy concludes with a phyto-aromatic relaxing full body massage, to reawaken your senses.

1h 25 min. / 135 €

Truly Precious Face and Body Experience

An ultimate face and body therapy. Beginning with a noirmoutier sea salt and oil exfoliation to polish the body to perfection followed by a sublime full body phytoaromatic massage. This therapy concludes with the ultimate facial in anti-aging and brightening, combining our gel mask infused with lavender and cypress with our precious serum to give a glow to the skin.

2h 25 min. / 218 €

Complete Harmony Treatment

A soothing back, neck and scalp massage begins this wonderfully relaxing therapy designed to relieve keys areas of tension and muscle tightness. Combined with the tailor made phyto-aromatic facial the result is rehydrated, nourished and protected skin and an overall sense of calm and harmony.

1h 30 min. / 128 €

Ultimate Face and Body Ritual

This treatment will leave you with a feeling of total well being and inner calm... From the crown of your head to the soles of your feet, this journey should not be missed. The full-body massage with essential oils and intensive complexes boost your well-being and relieves aches, incorporating a ,made to measure facial experience with our phyto-aromatic facial, selected essential oils and marine extracts surge the skin with true beauty.

2h / 178 €



Anne Semonin Facial Collection



Haute Couture

“L’Experience Anne Semonin” Facial

Encounter our ultimate bespoke facial incorporating a client-specific intensive treatment. Aromatic intensive complexes and serums will boost cellular renewal whilst a firming algae mask will detoxify for absolute skin radiance after that cryo-therapy ice cubes will regain the skins natural glow. This treatment is a complete and effective remedy for removing the stress of daily life leaving skin firm, smooth and brilliant.

1h 20 min. / 145 €

Phyto-Aromatic Facial

This skin enhancing made-to-measure facial ensures effective, visible results. This collection has been designed to be tailor-made for your individual skin needs through individually blended plant active serums, masks and aromatic intensive complexes.

55 min. / 85 €

100% Active De-Crease Facial

A contouring and firming facial designed to combat the visible signs of ageing; excellent for mature, dry and dehydrated skin. Innovative Anne Semonin neurocosmetic ingredients are combined with 100% Active Serums and advanced cryo-therapy ice cubes to regain the skins natural youthful glow. The result is instantly tightened and firmed skin, a superb brightener for special events & boosting skin vitality.

55 min. / 95 €

Deep Marine Purifying Facial

Ideal for combination, oily, congested, problematic skin, this complete deep cleansing purifying treatment combines hot pads and traditional extraction techniques with rebalancing lymphatic drainage massage. A detoxifying and anti inflammatory peel off mask and aromatic intensive complexes are used to soothe calm and rebalance the skin to encourage a visibly clear complexion.

1h 20 min. / 135 €

For the eyes

Eye Brilliance Treatment

A detoxifying and radiance boosting treatment for tired eyes, or simply as a regular skin brightener. This enhancing treatment reduces puffiness, minimizes dark shadows and is a welcome treat for those suffering from eye strain, headaches and for contact lens wearers.

25 min. / 40 €

Eye-Lift Firming Treatment

A contouring and firming treatment using specific products rich in essential oils, trace elements and seaweed extracts designed to hydrate the delicate eye area. This smoothing and skin tightening treatment gives a noticeable lift to the eye area and is ideal for those concerned with fine lines and wrinkles.

25 min. / 40 €



For men

Deep Clean Detox Facial for Men

Ideal for city skins or imbalanced, stressed skins suffering from breakouts or congestion. A complete deep cleansing facial is achieved through hot pads and traditional extraction techniques. Then a detoxifying and rebalancing peel-off mask is applied using intensive complexes to give that deep-clean feeling.

1h 20 min. / 135 €

Complete Gentlemen Treatment

An all embracing treatment incorporating a full-body phyto-aromatic massage designed to de-stress both mind and body. Aromatic oils are used to support a sense of deep relaxation and to restore body balance. This therapy concludes with an Express facial designed for quick results for those on a tight schedule. (30min. facial and 60min. massage)

1h 20 min. / 128 €

Made to Measure Phyto-Aromatic Facial

This phyto-aromatic facial is tailor-made to you. Following a consultation a bespoke facial is created for your skin using our Anne Semonin essential oils, trace elements, serums and mineral botanical oils. Unique to you.

55 min. / 95 €

Business Express Facial for Men

A refreshing express face therapy designed for quick results for those on a tight schedule. The skin is instantly moisturized a superb brightener for a business day.

30 min. / 48 €



Body Therapy Collection



Our recommendation: Sea Salt Peeling
An express aromatic oil and salt scrub, the perfect skin preparation for your massage. Leaving skin deeply nourished, smoothed and hydrated.

Massage Therapy

Anti-Stress Back Therapy

A self-heating marine mineral mud treatment for the back, neck and shoulders is designed to release tension and combat tight muscles. The feet and lower legs are carefully massaged to improve circulation allowing a powerful sense of well-being. Followed by an express massage using warmed aromatic oils focusing purely on the back neck and shoulders to relieve tension and enhance well-being. This energising, stimulating therapy will rebalance your energy levels and reactivate your senses.

55 min. / 89 €

Blissful Back, Neck & Shoulder Massage

An express massage using warmed aromatic oils focusing purely on the back neck and shoulders to relieve tension and enhance wellbeing.

25 min. / 45 €

Sports Massage

An invigorating massage that works deep into the muscles, helping to relieve aches and pains. Perfect after a day of leisure activities or a hard day at work!

50 min. / 86 € 1h 10 min. / 108 € 1h 30 min. / 120 €

Deep Release Massage with Hot Stones

Heated black basalt stones are used to massage the whole body releasing deep-rooted tension ideal for anyone suffering from muscular aches and pains. Working at relieving stress at the deepest level this treatment is designed to work on the body's energy channels. This intensive exceptional treatment is a holistic and energising therapy for the mind body and spirit.

50 min. / 94 € 1h 10 min. / 115 €

Phyto-Aromatic Massage

This tailor-made full body massage improves the removal of lactic acid and warms the muscles for greater circulation. Releases tension and improves suppleness. Combines classic Anne Semonin techniques along with personally prescribed blend of intensive complexes and warmed botanical oils.

50 min. / 80 € 1h 10 min. / 98 € 1h 30 min. / 110 €

Ayurvedic Massage

An ancient Indian healing technique where warm oils are used in a full body massage to alleviate muscle fatigue and tension. An extremely balancing treatment.

50 min. / 86 € 1h 10 min. / 108 € 1h 30 min. / 120 €

Made-To-Measure Body Wraps

Firming Spirulina Booster Envelopment

An anti-ageing, firming and toning body envelopment ideal for combating congestion, cellulite and maintain a healthy skin tones after weight loss. Firming aromatic complexes treat the areas of the body that need skin conditioning combined with Spirulina seaweed to rebalance and remineralise the body restoring a feeling of total well-being.

60 min. / 98 €

Detoxifying Spirulina Wrap

A detoxifying, slimming and energy boosting treatment, this envelopment begins with gentle exfoliation to boost circulation combined with seaweed extracts to harness the powerful cleansing and remineralising benefits of the ocean. This natural seaweed re-metabolises the body to efficiently kick start and maintain the elimination of toxins and waste. An essential body treatment to support a detox or weight management programme.

60 min. / 98 €

Hydrating Pink Kaolin Clay Body Envelopment

An ultra moisturising and hydrating body envelopment designed to recondition dry, dehydrated or sun damaged skins. This treatment begins with a full body exfoliation and scalp massage followed by an application of Pink Kaolin clay combined with nutrient rich treatment oils. A perfect full body thirst quencher for tired sensitive skin.

60 min. / 98 €



Individually selected aromatic intensive complexes are blended with mineral rich body masks designed to treat all skin and body needs; following an initial consultation, your therapist will assist you in choosing from the following options.



Wraps and Scrubs Collection

Sea Salt and Aromatic Oil Wrap & Scrub

An ultra moisturising body scrub experience incorporating a therapeutic scalp massage. Warmed aromatic oils are applied all over the body designed to deeply nourish and soften the skin followed by a revitalising exfoliation and warm body wrap. This treatment is an ideal preparation for pre-tanning and special occasion as skin is left hydrated and silky smooth.

60 min. / 98 €

Express Aromatic Salt Exfoliation

An express aromatic oil and salt scrub the perfect skin preparation, leaving skin deeply nourished, smoothed and cleaned.

25 min. / 38 €

Emotion Spa Basics



Hands and Feet	Manicure	40 €
	Pedicure	50 €
	French Manicure	55 €
	French Pedicure	65 €
	Hand-/Foot Peeling*	10 €
	Paraffin Bath*	20 €
Waxing	Nail Polish*	10 €
	Nail Buffer*	15 €
	Upper lip & chin**	10 €
	Underarms	18 €
	Arms	25 €
Face	Legs	50 €
	Bikini Zone	25 €
	Eyelash/Eyebrow tint**	10 €
	Eyelash crimping**	25 €
Eyebrow correction**	10 €	

As we believe in total beauty, we want to ensure that your nails and hair receive the same special pampering, for a complete, healthy and well-maintained look.

* only available with manicure

** only available with facial





Spa Etiquette

Cancellation Policy

Please note that there will be a charge of 50% if you should cancel your appointment less than 3 hours prior to the scheduled time. Appointments will only be held for a maximum of 15 minutes. If you arrive up to 15 minutes late, your treatment time will be reduced and you will be charged the full price. Guests that arrive later than 15 minutes or do not show up after the scheduled appointment time will be required to pay the cancellation fee which 100% of the treatment charge.

Payment

We accept VISA- & Mastercard credit cards. Our services can be charged to your room as well. Appointments after 10.00 PM have a night charge fee of 20 Euro.

Precautions

Please consult your doctor before you use our Spa to make sure that you have no hypertension, heart problems, other physical ailments or disabilities or if you are pregnant.

Further Information

We recommend you to show up 10 minutes prior to the scheduled appointment time.

Tell your therapist what kind of treatment you like. We will consult you what might best benefit your skin's needs. You will be covered with towels or blankets all the time. It is recommended to have a shower before your treatment kicks off.

It is your time. If you feel chatting, go ahead. If not, enjoy your treatments in silence.

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Emotion Spa // Munich
Basement of the Le Méridien Munich
Bayerstrasse 41
80335 Munich

Monday - Friday: 07:00 am - 10:00 p.m.
Weekend & Holiday: 08:00 am - 09:00 p.m.

<http://muenchen.emotionspa.de>

Phone: +49 (89) 2422 1090

Fax: +49 (69) 6319 6783

E-mail: muenchen@emotionspa.de